## Quality of Life Worksheet #4

## Quality of Life Considerations

1.	Do you prefer to integrate your work and personal life as much as possible, or to keep them separate? Why?
2.	Do you enjoy working with others (partners, family members, employees), or do you prefer working alone? Why?
3.	Is it important that what you do for a living have a positive impact on others? The environment? If yes, describe.
4.	Do you enjoy contact with customers? Why or why not?
5.	Do you value your privacy? Explain.
6.	What part of farming are you most passionate about? (example: production, selling, education, handling animals)
7.	How important is having time with family? With friends?
8.	How important is it to include community service or volunteerism in your life?

Material from "Exploring the Small Farm Dream", The New England Small Farm Institute

9.	Do spiritual, political and/or religious values help shape your overall farm dream? If so, how?
10.	How many hours a week (on average) do you want to devote to work (both on-farm and off-farm), rather than to other pursuits or interests?
11.	How important are personal health considerations in shaping your farm dream? Why?
12.	How important is financial security? Why? How do you define financial security?
13.	Do you relish the challenge of uncertainty, or do you prefer to know what to expect in your life? Why?
14.	What other factors affect the quality of your life?
15.	When balanced against profitability and environmental considerations, how important do you think quality of life considerations will be in determining how you decide to operate your agricultural business? Circle one. Explain.
	Very Important—Important—Somewhat Important—Not Important